



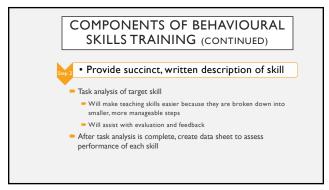
ADVANTAGES OF USING BEHAVIOURAL SKILLS TRAINING DURING SUPERVISION - BST is an evidence-based, best-practice approach to training new skills - Training expectations are clear - Clear description of target skills - Contact with various instructional formats - Multiple practice opportunities - Multiple opportunities to receive performance feedback - Ability to monitor own performance over time

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COMPONENTS OF BEHAVIOURAL SKILLS TRAINING Discuss rationale and describe target skill Provide succinct, written description of skill Demonstrate (model) target skill Require trainee practice of target skill Provide feedback during practice Repeat Steps I to 5 to mastery

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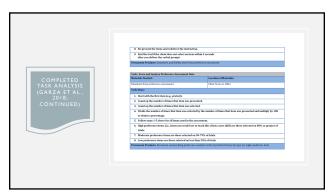
COMPONENTS OF BEHAVIOURAL SKILLS TRAINING (CONTINUED) Discuss rationale and describe target skill Identify skill to be taught Direct observation Formal evaluation of supervisee performance or knowledge base Supervisee self-evaluation List of supervision goals

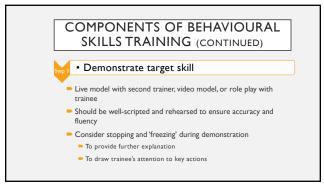












COMPONENTS OF BEHAVIOURAL SKILLS TRAINING (CONTINUED)

- Require trainee practice of target skill
- Majority of training should be spent on practice and feedback
- Practice should occur in natural performance setting
 - Academic 1:1 session with child with ASD
 - Social skills training in small group with youth with IDD
 - Mindfulness training with students at risk for BD
- Provide trainee with implementation checklist to self-monitor their performance.

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COMPONENTS OF BEHAVIOURAL SKILLS TRAINING (CONTINUED)



Provide feedback during practice

- Use an implementation checklist to evaluate supervisee's implementation fidelity and provide specific feedback
- Ensure feedback is meaningful, specific, and delivered in a culturally responsive, kind, and professional manner
- Provide both process and outcome feedback
- Failure to provide sufficient feedback can lead to poor learning outcomes

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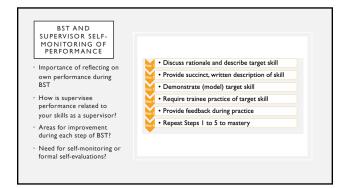
COMPONENTS OF BEHAVIOURAL SKILLS TRAINING (CONTINUED)



• Repeat Steps I to 5 to mastery

- Demonstration of mastery is a critical step in BST
- *Combine supervisory feedback with self-generated feedback (i.e., self-monitoring)
 - Implementation checklists
 - Video self-evaluations





PROBLEM-BASED LEARNING

A BRIGHT & ENTHUSIASTIC INTERN WRITES A SCHOOL OBSERVATION REPORT

- You have recently begun supervision with a new intern. You have worked with the intern previously and have been pleased with their performance as a BI but have only recently begun formal supervision.
- Following a school observation, your intern asks for the opportunity to write the report. You agree and ask the supervisee to send you the draft when it is completed.

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A BRIGHT & ENTHUSIASTIC INTERN WRITES A SCHOOL OBSERVATION REPORT

- As you review the report, you find multiple spelling and grammatical errors, insufficient details for recommended strategies, and feedback for the school staff about sensitive issues discussed between you and the intern but not intended to be included in the document. You realize that you need to use BST to improve the supervisee's report-writing skills.
- How could BST be used to improve supervisee's report writing skills?
- How could self-monitoring be incorporated into BST in this example?

 What could you do differently to avoid this situation?

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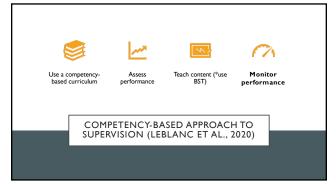
A BRIGHT & ENTHUSIASTIC INTERN WRITES A ${\tt SCHOOL\ OBSERVATION\ REPORT:}$ POTENTIAL SOLUTIONS

- Reflect on your own role in this situation
 Apologize if necessary
 Moving forward:
 Develop a task analysis of target skill set

- DescribeModel

- Feedback





**BACB requirements for supervisors ** Supervisor Training Curriculum Outline (BACB, 2018) ** Ethics Code for Behavior Analysts section 4.10 (BACB, 2020) ** Important for optimized supervisee progress ** Important to ensure high-quality client services ** Evaluating effects of supervision reduces risk for future clients and future supervisees



IMPORTANCE OF OBJECTIVE MEASURES (LEBLANC ET AL., 2020)

- Not enough to rely on one's own perceptions
- Risk of bias
- Counter to our field's use of direct and repeated measures to evaluate outcomes
- Without objective measures, supervisors may inadvertently focus on positive outcomes and minimize non-optimal outcomes
- Risk of overestimating own skills as a supervisor

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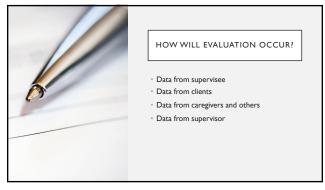


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WHAT SKILLS SHOULD BE EVALUATED?

- Individualized across supervisees, but may include:
- · Targeted concepts and skills
- Problem-solving skills
- Interpersonal skills/compassionate care skills
 Cultural and diversity competencies
- Case conceptualization
- Organizational skills
- Time management skills
- Presentation skills Social validity of supervision

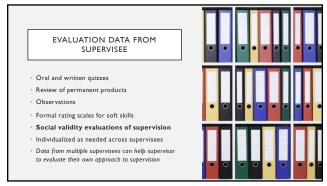


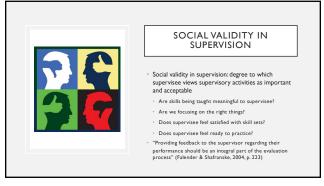




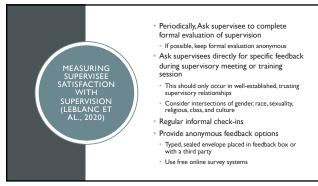


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EVA	ALUATION	N FORM E	:XAMPLE	
	Supervisor Supervisor Clies v Initials: Date:			_
	Searing: 1 - Does not occur; 2 - Emerging: 3 - Adoc ASSESSMENT AREA	pate; 4 - Placet and Accurate; 5 - Exceptional PERFORMANCE		
	Greets HS and family, companionate and professional in interactions with all team members.			
	Organises Bils to start 1:1 work with student within 10 minutes of arrival.			
	Accurately identifies priority programs to be run in secring town programs, programs that indicate a change is needed, programs in which there have been issues with procedural integrity sti.).			
	Montifier current STO before observing life implement each program.			
	Accurately conducts evaluations during meeting.			
	Assesses BITs integrity in implementing behaviour support plan, including recording behaviour data.			
	Uses BECT accurately to train BEs in program and behaviour support plan implementation.			
	Time Management: Allows adequate time for each BI to work with student; allows adequate time to noview all current programs, behaviour plans and discous other insues.			
	Uses decision protocol to evaluate learner responding for each program.			
	Accurately identifies appropriate tectics to use where changes to STOs are needed.			
	Addresses skills / behaviours highlighted as areas of concern by Bbs, parents, and/or other professionals.			
	Environ and evaluates avorall learning of student by assessing learn under to critarion, consulation critarion met and shally learn unit graphs.			
	Appropriately and effectively communicates former progress and challenges to pursate.			
	FEEDBACK AND RECOMMENDATIONS			















- There is not a complete correlation between client outcomes and supervisee competence, but it is an important measure of supervision efficacy (Falender & Shafranske, 2006)
- No single way to measure relationship between supervision and client outcomes
- Important to consider data from multiple sources

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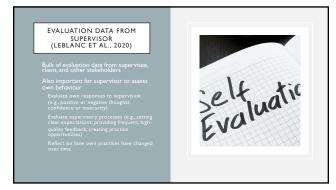
EVALUATION DATA FROM CLIENTS Overall progress Rate of progress Generalization and maintenance Appropriateness and impact of strategies on targeted behaviours Quality of therapeutic relationships Client feedback



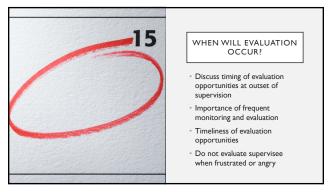
EVALUATION DATA FROM CAREGIVERS AND OTHERS (LEBLANC ET AL., 2020) Additional sources of valuable information about effects of supervisory practices include: Caregivers Other professionals serving client (e.g., teachers, SLPs, OTs) Supervisees that you supervise that supervise behaviour interventionists Information gathered through observation, conversations with stakeholders, and social validity measures

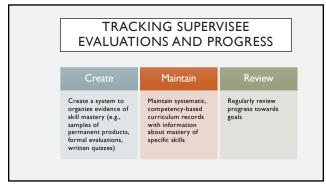


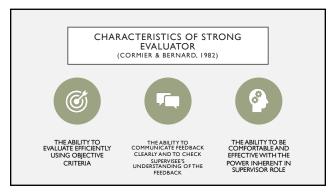








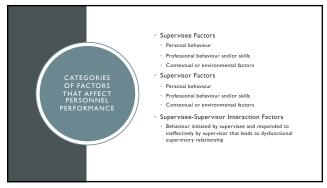


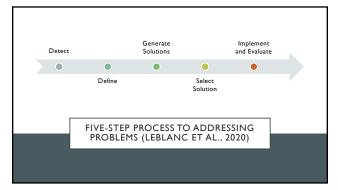


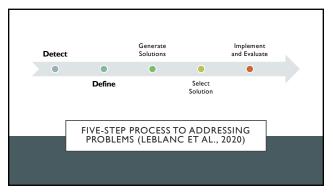












DETECTING ISSUES IN SUPERVISORY RELATIONSHIPS (LEBLANC ET AL., 2020)

- · Risky to assume supervision relationship is healthy without assessing how things are going
- * Sometimes relationship that is satisfactory to you may be uncomfortable or even aversive to supervisee
- · Early detection of problem increases likelihood of positive outcome
- Ongoing assessment is key in strengthening relationship and detecting emerging issues

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DETECTING ISSUES IN SUPERVISORY RELATIONSHIPS (LEBLANC ET AL., 2020)

Indicators of problems in a supervisory relationship

- Unfavourable affect (disengaged, unhappy, apathetic, fearful, sullen)
- Avoidance, tardiness, absenteeism

Indicators of health in a supervisory relationship

- Favourable affect
- (engaged, happy, laughter, approach, show interest)

 Both parties can describe tangible examples of supervisory satisfaction

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DETECTING INDICATORS IN SUPERVISEE BEHAVIOUR (LEBLANC ET AL., 2020)

- Monitor supervisee for overt and covert reactions to supervisor
- Overt: arriving late to scheduled meeting; cancelling supervision meetings, rude or disrespectful behaviour; passive aggressive behaviour; expressions of contempt; angry or emotional reactions to your feedback; multitasking during supervision meetings; falling to follow through on tasks; lying
- Covert: angry after meeting with supervisor; fear during interactions with supervisor; thoughts that they know better than supervisor and thus can ignore their instruction; thinking and planning ways to harm supervisor



PROBLEMATIC INDICATORS IN SUPERVISEE BEHAVIOUR (FALENDER & SHAFRANSKE, 2006)

- Coming to supervisory meetings unprepared
- Casually using swear words during supervisory sessions
- Frequently checking or answering cell phone during supervisory meeting
- Attending supervisory session in inappropriate attire
- Engaging in micro-aggressions toward supervisor
- Engaging in intercoaggressions toward supervisor

 Engaging in disparaging comments about key stakeholders in consultative process (e.g., parents, teachers, related service professionals)
- Engaging in negative comments about other supervisees

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SUPERVISEE RESISTANCE (LIDDLE, 1986)

- Supervisee resistance is common in supervisory relationships
 Supervisee verbal and nonverbal behaviors in response to supervision that disrupt supervisory process
- Primary goal of resistant behavior is self-protection in which the supervisee guards against some perceived threat

 Resistant behaviors are often coping mechanisms to reduce anxiety

- Supervisee fear of inadequacy
 Supervisee reaction to loss of control which evolves into power struggle
- Supervisee threatened by change and responds with defensive behaviors

 Evaluative component of supervision provokes anxiety as negative evaluation by supervisor may result in dismissal

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DETECTING INDICATORS IN SUPERVISOR BEHAVIOUR (LEBLANC ET AL., 2020)

- Self-monitor your overt and covert reactions to supervisee behaviour
- Overt: cancelling supervision meetings, providing more corrective feedback than praise, providing low-quality feedback, multitasking during supervision meetings, failing to follow through on tasks
- Covert: dreading upcoming meetings, feeling irritated by supervisee, feeling awkward around supervisee, attributing supervisee's behaviours to personal characteristics
- · Self-monitor for indicators of dismissiveness and authoritarian responses

SUPERVISOR BEHAVIOURS THAT HARM SUPERVISORY ALLIANCE (FALENDER & SHAFRANSKE, 2006)

- Discriminatory behaviour related to supervisees gender, race, ethnic background, age, or sexual orientation

 Engaging in micro-aggressions toward supervisee

 Use of sexist or racist language devalue supervisee based on gender or race

- Providing less supervision and/or fewer opportunities for professional development compared to peers receiving supervision
- Abuse of power inherent in role of supervisor

- Assigning responsibilities beyond supervisee's role and responsibilities and not providing prerequisite supervision and training Expressing anger toward supervisee Making unwanted requests for personal information about supervisee
- Role boundary conflict

- ole boundary comitic.

 Supervisors attempting to be friends with supervisee

 Supervisor confiding personal information with supervisee

 Supervisor disparaging a colleague or other supervisee to supervisee



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SUPERVISOR BEHAVIOURS THAT HARM SUPERVISORY ALLIANCE (CONTINUED)

- Unavailable or lack of time to provide supervision
- Often cancel supervisory sessions or allow for interruptions during supervisory sessions.

 Lack of assessment of supervisee needs and unclear expectations
- Developmentally inappropriate supervision not sensitive to individual developmental needs of supervisee
- Lack in effective teaching strategies and role modelling
- Does not provide safe environment for supervisee's professional development
- Avoids problematic issues that arise between supervisor and supervisee $% \begin{center} \end{center} \begin{cent$
- Authoritarian, encouraging conformity and punishing divergence from a limited theoretical framework



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SUPERVISOR BEHAVIOUR THAT HARMS SUPERVISORY ALLIANCE (CONTINUED)

- Negative Supervision
- Engaging in harsh criticism and judgmental attitudes toward supervisee
- Dismissing supervisee's case conceptualization in favor of
- your own
 Focusing on negative instances of supervisee behaviour
 rather than areas of improvement
- · Misunderstanding supervisee
- Responding to supervisee's complaints in a confrontational manner: defensive, accusatory and/or angry



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SELF-REFLECTION ON SUPERVISORY PRACTICES (LEBLANC ET AL., 2020, CH. 11 APP. C)

- Do you use a structured agenda for supervision meetings?

 Do you regularly (i.e., at least every other week) check in with your supervises about how they are doing in general.

 Do you use a structured approach to identifying target skills?

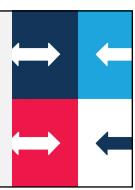
 Do you provide frequent high-quality supportive and corrective feedback?

- Do you document your feedback and follow up to ensure it is implemented?
- . Have you solicited feedback about your supervision practices?
- Do you engage in activities that help you to understand the diversity, cultural frameworks, and experiences of the people you supervise?

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BI-DIRECTIONAL CHALLENGES IN SUPERVISORY RELATIONSHIPS

- Overly harsh feedback
- Unclear performance expectations
- · Lack of follow through
- Disconnect in communication styles
- Personal histories or biases
- · Cultural differences



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HOW TO DETECT POTENTIAL RUPTURES IN SUPERVISORY RELATIONSHIP (LEBLANC ET AL., 2020)



Check in with supervisee during each meeting
"How are you feeling about our supervision?"
"Is the approach I take to providing feedback helpful?"
Questions and ensuing conversations must be genuine and compassionate



Supervisee may raise concerns

May be an indicator of healthy relationship Attend to supervisee's affect when they raise a concern Important to express appreciation for supervisee feedback

FUNCTIONAL APPROACH TO ASSESSING FACTORS

- · Consider reflecting on the issue prior to having a conversation with the supervisee
- Allows you to develop a clearer understanding of the problem
- May help you to take a more supportive approach with the supervisee
- May help you to prepare for a difficult conversation · Be as objective as possible
- *Not meant to be done in place of speaking with the supervisee



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FUNCTIONAL APPROACH TO ASSESSING FACTORS (CONTINUED)

- What are the supervisee's specific behaviours of concern?
- Is problem with personal behaviour or professional skills?
 Is problem a combination of personal behaviour and professional skills
- If personal behaviour

 What might be past history influences?
- Are there setting events in person's life that are affecting their behaviour?
- What appears to be antecedents that occasion the problematic personal behaviour?
 What appears to be purpose or function of problematic personal behaviour?

- orannon: (Professional skill

 What is professional skill set that supervisee is not demonstrating?

 Within professional skill set, what parts or steps in skill set are they not performing with sufficient competence?
- What is level of training and support they received for skill set in the past?
- What is level of training and support you have provided to date for skill set?



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FUNCTIONAL APPROACH TO ASSESSING FACTORS (CONTINUED)

- Is supervisee's problematic personal behaviour associated with your supervisory behaviour
- Have you ignored supervisee's problematic personal behaviour and thus inadvertently reinforced the behaviour?
- Have you modelled problematic personal behaviour and thus inadvertently taught the behaviour?
- Have you engaged in supervisory behaviours that have harmed the supervisory alliance?
- Have you provided higher ratios of corrective to supportive feedback?
- Are you late to or distracted in meetings?
- Are your biases affecting the way you interact with your supervisee?



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PROBLEM-BASED LEARNING	

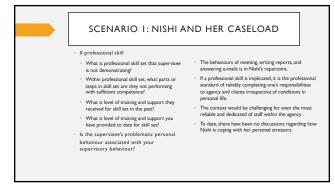
SCENARIO: NISHI AND HER CASELOAD

- Background: You are a BCBA supervising the work of Nishi, an intern with your
 organization. Nishi moved from India 5 years ago. Her family lives in India and she
 visits then 1-2 times a year it has been great to have her skill set and language
 capacity to support some of the families in your area. Nishi has not been able to
 go home since the start of the pandemic. Recently, her grandmother has become
 quite ill.
- Problem: Throughout the pandemic, Nishi supported her client families and led them to experience positive outcomes. More recently, however, you have observed that the has cancelled multiple scheduled supervision meetings and has had increasing delays in submitting her client reports. You also get an email from a family letting you know that they have not received a response from Nishi to their emails or phone calls.

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SCENARIO I: NISHI AND HER CASELOAD - What are the supervised's behaviours of concern? - Is the problem with personal behaviour or professional skills? - If personal behaviour - What night be past history influences? - Are there setting events in person's life that is affecting their behaviour? - What appear to be antecedents that occasion the problematic personal behaviour? - What appears to be purpose of function of problematic personal behaviour? - What appears to be purpose of function of problematic personal behaviour?



HOW TO DETECT POTENTIAL RUPTURES IN SUPERVISORY RELATIONSHIP (LEBLANC ET AL., 2020) Detecting indicators of issues in the Supervisory Relationship (LeBlanc, Sellers, & Ala'i, 2020, p. 228-229) Use this checklist to detect indicators of emerging issues in the supervisory relationship, either due to your behavior or your supervises behaviour. This list is not exhaustive, in considering these indicators, remember that everyone has off days. These behaviours and characteristics are not necessarily problematic in and of themselves; therefore, only check an item if it is consistently problematic or represents an acute and severe problem. Use the 'Notes' section to include relevant contextual information. Reflect on the following questions: What specific behaviour wates you think an indicator is present? What does this behaviour mean to you? What does this behaviour mean to the supervisee? What are the rieks associated with this indicator or issue?

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ADDITIONAL SUGGESTIONS - When there are concerns in a supervision relationship, document all conversations and meetings you have with the supervisee. - Be as objective as possible in your evaluations of your supervisee, as well as your own self-evaluations. - Consider all components of the three-part contingency. - Avoid completing evaluations or having discussions about concerns when you are angry or frustrated. - Review your supervision contract to ensure you are providing supervision in line with the agreement. - Seek another opinion: discuss spervision concerns with a trusted colleague* - Consider the need for additional training in interpersonal skills - Mentorship - Vettimars/podcasts - Books

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REFERENCES - Behavior Analyst: Certification Board. (2020). Efects code for behavior analysts. Austhor. - Behavior Analyst: Certification Board. (2018). Supervision training curriculum earlier. (2.0). Austhor. - Curry, E. Wilder, C. A., Rafqulany, L. Publishon, D. Servalia, A. (2018). An assessment-based doubtion to a human-service employee performance problem. An instal evaluation of the Performance Disposition. Checklike: I-Human Services. Behavior. Analysis in Protecte, 6, - Corniec, L. S., Barranda, E. P. (2006). Clinical impervation: A competency-based disposed. American Psychological Association. - Gazza, K. L., McGee, H. M., Schoda, Y. A., & Wiskerbox, B. R. (2018). Some tools for carrying out a proposed process for supervising clinical supervision. Problems of the Computer Scholars and Comp

